

Resource Center Health

November 2026

Monday	Tuesday	Wednesday	Thursday
11/2/2026	**11/3/2026**	**11/4/2026**	**11/5/2026**
Chicken and Dumplings Glazed Carrots Herbed Green Beans Texas Bread Brownie Milk	BBQ Beef Meatballs~ Delmonico Potatoes Mixed Greens Corn Muffin Fresh Apple Milk Margarine	Cider Mustard Chicken# Parslied Rice Catalina Vegetables Dinner Roll Craisins Milk	Homestyle Beef Casserole Broccoli Medley Cabbage Multigrain Bread Cherry Gelatin w/Peaches Milk
11/9/2026	**11/10/2026**	**11/11/2026**	**11/12/2026**
Beef Stroganoff Broccoli Glazed Carrots Texas Bread Fresh Orange Milk	Lemon Rosemary Chicken Confetti Brown Rice Italian Vegetables Multigrain Bread Rosy Pears Milk	Glenn's Homemade Meatloaf Brown Gravy Whipped Potatoes Mixed Vegetables Dinner R Frosted Birthday Cake Strawberry Ice Cream Milk	Turkey Spaghetti Brussels Sprouts Country Tomatoes Multigrain Bread Pineapple Pudding Milk
11/16/2026	**11/17/2026**	**11/18/2026**	**11/19/2026**
Creamy Wine Chicken# Sundried Tomato Pasta# Lemon Broccoli Texas Bread Fresh Apple Milk	Korean BBQ Beef Meatballs~ Rice Ginger Carrots Wheat Bread Mandarin Oranges Milk	Oven Fried Chicken Roasted Sweet Potatoes Herbed Green Beans Dinner Roll Strawberry Craisins Milk	Salisbury Beef~ Onion Gravy Black-Eyed Peas Stewed Tomatoes Multigrain Bread Animal Crackers Milk
11/23/2026	**11/24/2026**	**11/25/2026**	**11/26/2026**
Beef Pepper Steak~ Delmonico Potatoes Lemon Pepper Brussels Sprouts Texas Bread Cinnamon Graham Crackers Milk	Chicken Picatta Penne Pomodoro Parslied Carrots Dinner Roll Fresh Orange Milk	All Beef Patty Lettuce and Tomato Ranch Beans Hamburger Bun Peach Cobbler Milk Mustard and Ketchup	**Closed for Holiday**
11/30/2026			
Chicken Enchilada Soup Spanish Rice Mexican Style Tomatoes Tortilla Chips Fig Bar Milk			

- Contains Peanuts

~ - Entrée Contains Soy

* - Contains Pork

Sarah Hutsler, RD, LD

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Expires 11/30/2027