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**FOOD PANTRY WISH LIST**

* Canned Protein: chicken, chill, pork, salmon
* Other Proteins: sugar-free peanut butter
* Dried Beans: black, garbanzo, great northern, Lima, navy or small whites, pink, pinto, red, red kidney
* Dried Rice: whole-grain brown rice
* Dried Herbs: all/any
* Nuts: Acorn, almond, cashew, peanut, pecan and others
* Canned Sugar-Free Fruits
* Low sodium canned soups
* Low sodium canned vegetables
* Whole-grain cereals
* Dry whole-wheat pasta
* Juices: Ensure, Boost, 100% Fruit Juice, NO Grapefruit
* Condiments: Ground coffee, powder creamer, sugar, ketchup, mayonnaise, mustard, low-fat salad dressings, flour, baking soda, dry yeast, oils, salt, pepper, spices and herbs
* For our client’s health, we try to limit high sodium content and high sugar items.
* When possible, pop-top cans are preferred